

HOME AND COMMUNITY CARE PROGRAM (HACC)

Australian Croatian Community Services (ACCS) is the peak community services agency for people from Croatia and Bosnia and Herzegovina in Victoria. It is a community based, non profit organization.

ACCS provides a wide range of culturally and linguistically appropriate services for over 20 years, including Planned Activity Groups (PAG) and Friendly Visiting Program (FVP) for eligible individuals.

All services are confidential and observe the privacy, dignity and rights of the individual client.



4-8 Parker Street FOOTSCRAY VIC 3011
T 03 9689 5811 F 03 9689 8419
128-130 Walker Street DANDENONG VIC 3175
T 03 9791 6000 F 03 9791 6011

E hacc@accs.asn.au
www.accs.asn.au

What is HACC?

Home and Community Care (HACC) is program that provides a range of support services for older and frail persons, younger people with disabilities and their carers.

At ACCS we promote Positive Ageing and Active Service Model principles which encourage people's wish to remain autonomous, promote a holistic person - centred approach to care, as well as acknowledge the importance of social connection in order to maintain wellness.

Referral process:
Self referral, family member, medical referral or a friend.

Volunteer Coordination - Friendly Visiting Program (FVP)

The program matches socially isolated elderly and younger people with disabilities who live in their own homes with appropriate volunteers for companionship and social support. The program is available in the North, West and Southern Metropolitan regions of Melbourne.

Who can be a client?

Frail elderly and younger people with disabilities from Croatia and Bosnia and Herzegovina who are isolated in their homes and who live in the Northern, Western and Southern Metropolitan regions of Melbourne.



Who can be a volunteer?

Friendly visiting volunteer can be any member of the community who speaks Croatian, enjoys helping others and who is interested in voluntary humanitarian work. Police checks are conducted on all volunteers to protect the safety of our clients.

Planned Activity Groups (PAG) Program

This is a range of planned activities for isolated elderly to increase their social support networks and to improve their wellbeing. The program caters for people with a range of needs, including higher needs. Light refreshments are included.

This program is available in the North, West and Southern Metropolitan regions of Melbourne.



Activities include but are not limited to:

- Exercises (such as strength training, walking groups, tai chi, Nordic walking, Wii - active games)
- Arts and Crafts
- Music and Dancing
- Relaxation Programs
- Short trips/Outings
- Movies
- Nutrition, Health and Well-being advice.

Small fee applies. No one will be refused services due to inability to pay.

PROGRAM KUĆNE I DRUŠTVENE SKRBI (HACC)

Australnsko hrvatske društvene usluge (AHDU) je dobrotvorna društvena organizacija koja pruža usluge hrvatskoj i bosansko hercegovačkoj zajednici u Viktoriji.

AHDU već više od 20 godina pruža svojim klijentima čitav niz kulturno i jezički prilagođenih programa i usluga, uključujući Program prijateljskog posjećivanja (FVP) i Program planiranih grupnih aktivnosti (PAG).

Sve su usluge povjerljive i poštuju privatnost, prava i dostojanstvo svakog pojedinog klijenta.



4-8 Parker Street FOOTSCRAY VIC 3011
T 03 9689 5811 F 03 9689 8419
128-130 Walker Street DANDENONG VIC 3175
T 03 9791 6000 F 03 9791 6011

E hacc@accs.asn.au
www.aaccs.asn.au

Što je HACC?

Program kućne i društvene skrbi (HACC) je program koji pruža niz usluga starijim i nemoćnim, kao i mladim osobama s invaliditetom i njihovim njegovateljima.

Naša organizacija promovira starenje u pozitivnom ozračju i koristi modele kojima se potiče samostalnost, te ukazuje na važnost druženja i očuvanja zdravlja.

Tko Vas može preporučiti?
Vi, Vaš liječnik, član obitelji ili prijatelj.

Program prijateljskog posjećivanja (FVP)

Program prijateljskog posjećivanja (FVP) povezuje starije osamljene i mlađe osobe s invaliditetom sa volonterima koji ih posjećuju u njihovim domovima radi druženja. Volonteri koji posjećuju ove osobe govore hrvatski jezik. Ova vrsta programa pokriva područja sjevernih, zapadnih i južnih dijelova Melbourne-a.

Tko može primati usluge?

Stariji nemoćni i mlađi ljudi s invaliditetom iz hrvatske i bosansko hercegovačke zajednice koji se osjećaju izoliranima u svojim domovima, a žive na područjima sjevernih, zapadnih i južnih dijelova Melbourne-a.



Tko može biti volonter?

Volonter koji posjećuje primaoca usluga kod kuće može biti osoba koja govori hrvatski jezik i želi pomagati ljudima u zajednici, a istodobno je zainteresirana za humanitaran dobrovoljan rad. Kako bi se zaštitila sigurnost naših klijenata svi se volonteri moraju podvrgnuti policijskoj provjeri.

Program planiranih grupnih aktivnosti (PAG)

Planirane grupne aktivnosti (PAG) omogućuju usamljenim starijim osobama sudjelovanje u raznim aktivnostima primjerenim njihovim potrebama i mogućnostima. Uz ove aktivnosti uključena je lagana zakuska.

Ovaj program pokriva područja sjevernih, zapadnih i južnih dijelova Melbourne-a.



Neke od ponuđenih aktivnosti:

- Tjelovježbe (vježbe za učvršćivanje mišića, šetnje, tai chi, nordijsko hodaње, Wii - aktivne igre)
- Umjetnost i kućna radinost
- Glazba i ples
- Programi koji pomažu pri opuštanju
- Putovanja/izlasci
- Gledanje filmova
- Savjetovanja u svezi ishrane, zdravlja i zdravog života.

Korisnici plaćaju malu naknadu. Nikome se neće odbiti usluge zbog nemogućnosti plaćanja.